

PROMOTION RECOMMENDATION
UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Mark A. Ilgen, Ph.D., assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees:

Ph.D.	2003	University of Colorado
M.A.	1999	University of Colorado
B.A.	1997	Miami University

Professional Record:

2007-present	Assistant Professor of Psychiatry, University of Michigan
2005-2007	Research Health Science Specialist, Center for Health Care Evaluation, VA Palo Alto Health Care System

Summary of Evaluation:

Teaching: Dr. Ilgen is actively involved in clinical supervision of the Ann Arbor VA's Substance Abuse Clinic's (SAC) mental health clinicians, trainees and research staff. He is the mental health services postdoctoral training director for the Mental Health Services Outcomes and Translation Section, Department of Psychiatry and at the VA National Serious Mental Illness Treatment Resource and Evaluation Center (SMITREC)/HSR&D. There are currently seven trainees affiliated with the program, including an NIMH T32 post-doctoral fellow, two VA advanced clinical program fellows, two HSR&D/SMITREC fellows, and two NIH Fogarty Center international fellows from Poland. In addition to supervision, he organizes the fellow pro-seminar series, and works to ensure fellows have a good relationship with their mentors.

Dr. Ilgen is the co-director of the SMITREC Advanced Fellowship Program in Mental Illness Treatment and Research. This fellowship was funded through a competitive application process and Michigan will serve as one of several national sites for this fellowship. He coordinates the two-year advanced training in mental health services research which includes two clinical psychologists each year.

Dr. Ilgen provides mentorship of international research fellows as part of two NIH Fogarty International Center-funded training grants that are based in the Department of Psychiatry. As a primary mentor, he helps research fellows (usually physicians from eastern Europe) expand their research portfolios during a year spent in Ann Arbor. Together they have published multiple peer-reviewed papers and developed projects to be conducted on their return to Poland. Additionally, he has traveled to the Ukraine and to Poland to conduct seminars for Eastern

European physicians and psychologists on conducting health services research for drug and alcohol use disorders.

Research: Dr. Ilgen's primary focus is the development of methods to improve the treatment of individuals with severe alcohol and drug-related problems. This work led him to develop expertise in: (1) the study of suicide risk in individuals with substance use disorders and the role of psychosocial treatments in reducing this risk; and (2) the study of methods for treating individuals with both chronic pain and drug and alcohol problems. This research is clinically applied and has targeted the identification of risk factors for these conditions and/or methods to improve care. Dr. Ilgen is the author of over 70 peer-reviewed papers, 30 as first author. In addition, many of the papers involved collaborations with junior faculty or post-doctoral mentees. He has received funding as the principal investigator on three multi-year VA grants (two currently active) and two current NIH grants (a two-year R21 and a five-year R01). He is also a co-investigator on grants funded by the VA, NIH, and the Department of Defense.

Recent and Significant Publications:

Ilgen MA, Roeder K, Webster L, Mowbray O, Perron BE, Chermack ST, Bohnert ASB: Measuring pain medication expectancies in adults treated for substance use disorders. *Drug and Alcohol Dependence* 115:51-56, 2011.

Ilgen MA, Haas E, Czyz E, Webster L, Sorrell JT, Chermack S: Treating chronic pain in Veterans presenting to an addictions treatment program. *Cognitive and Behavioral Practice* 18:149-160, 2011.

Ilgen MA, Bohnert ASB, Ignacio R, McCarthy J, Valenstein M, Kim HM, Blow F: Psychiatric diagnoses and risk of suicide in patients treated by the Department of Veterans Affairs. *Archives of General Psychiatry* 67:1152-1185, 2010.

Ilgen MA, Hu K, Moos RH, McKellar J: Continuing care utilization and readmission to inpatient psychiatric treatment in patients with co-occurring psychiatric and substance use disorders. *Psychiatric Services* 59:982-988, 2008.

Ilgen MA, Zivin K, McCammon RJ, Valenstein, M: Pain and suicidality in the United States. *General Hospital Psychiatry* 30:521-527, 2008.

Service: Dr. Ilgen is a clinical psychologist with the Ann Arbor VA's Substance Abuse Clinic (SAC). As part of his clinical role in SAC, he developed a novel psychosocial group treatment for patients with co-occurring chronic pain and substance use disorders. He co-leads this group on a weekly basis and has used this opportunity to develop and refine a treatment manual for this intervention. Using behavioral approaches to address co-occurring psychiatric and medical problems, Dr. Ilgen has developed a unique area of expertise that is focused on improving treatment for some of the most challenging and clinically complicated patients seen by the healthcare system. Despite the complicated nature of many of the problems facing these patients, he has seen many of them make substantial gains in their health functioning and quality of life.

In addition to his independent research, Dr. Ilgen has a role in shaping the national evaluation of aspects of the VA mental health care system. He has been most actively involved in current research/evaluation initiatives designed to study and reduce suicide in veterans. This ongoing evaluation project is the largest study ever undertaken of patient- and system-related predictors of suicide in the United States. This work involves data-based research, publishing and dissemination of findings, as well as shaping VA policies on suicide prevention. Dr. Ilgen works closely with members of the VA Office of Mental Health Services. Additionally, in the summer of 2007, he was selected as one of two fellows by the *Journal of Substance Abuse Treatment*. This competitive, one-year fellowship involved didactic and hands-on experience in the role of editor for one of the top journals in addictions. At the completion of this fellowship, Dr. Ilgen edited a special section of the journal and was appointed to the editorial board.

External Reviewers:

Reviewer A: “Simply put, Dr. Ilgen is in the topmost tier of the topmost tier...He is exceptional on many counts—scholarly productivity, external funding, academic citizenship and leadership role within the university, and national recognition of his contributions.”

Reviewer B: “Mark also has a substantial national reputation—regarding veterans, suicide, pain, and substance use. Without doubt he now is emerging at the top of his field(s). His success as a ‘grant getter’ corresponds with these other signs of excellence.”

Reviewer C: “...he has gained national recognition within the VA system as an individual with expertise in suicide epidemiology and prevention as well as treatment of chronic pain comorbid with SUD; his name and his work frequently come up in discussions of these topics among VA researchers as well as administrators and his consultation is often requested on national projects.”

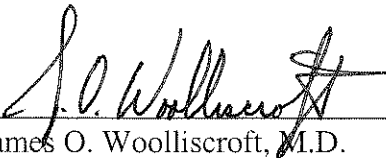
Reviewer D: “Dr. Ilgen has established a remarkable record of early career productivity in terms of the amount and quality of his publications that exceeds that of most of the successful candidates I have seen for Full Professor in my Department at [my institution]...I have every confidence he will remain a stellar faculty member with a productive career trajectory as an independent investigator and educator who makes nationally recognized contributions to clinical research and shares that expertise effectively with trainees and colleagues.”

Reviewer E: “I believe that Mark’s research around the intersection of substance use disorders, depression, pain, and suicidality represents his strongest and most original work, and is where he has made the greatest contributions. He is publishing excellent, creative papers in these areas, and has become a leader in the field. Mark has embarked on this research program at an opportune time, as there is increasing concern about how to manage complicated patients with multiple disorders that cut across addiction, mental health, and medicine, but very little good research on how to do so. Mark’s work will continue to have a major impact as this field grows rapidly.”

Summary of Recommendation:

Dr. Ilgen has maintained a remarkable level of productivity across all three missions. He is committed to improving the quality of care for persons with both addictive and mental health disorders through research focused on improving assessment, treatment and ongoing management of these high risk patients. His funding record, publications, training activities and

national service will help advance mental health services research in key areas and train the next generation of mental health researchers. I enthusiastically recommend Mark A. Ilgen, Ph.D. for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.



James O. Woolliscroft, M.D.

Dean

Lyle C. Roll Professor of Medicine

May 2012